



Marcann Health Services



Welcome to this quarters edition of the Marcann Health Services newsletter! We are very excited to share some recent changes and updates to look forward in the near future.

We would like to extend our sincere gratitude to all Marcann partners, whose dedication and collaboration make exceptional coordination of care possible for those who receive our services. We also appreciate your patience and understanding as our team evolves and grows.

While this purpose has been highlighted before, we would like to reiterate: Marcann Health Services is dedicated to delivering comprehensive care through a range of specialized services and supporting patients on their journey to wellness with personalized and evidence based treatment.

Of course, this could not be possible without the providers on our staff and those that care is coordinated with. Your dedication, expertise, and efforts do not go unnoticed. With every day you are able to make a meaningful difference in the lives of our patients and communities served.

The quality of care provided at Marcann Health Services is a reflection of that hard work and commitment. Those contributions are also vital to our mission.

We could not do this without any of you. Your professionalism, collaboration and efforts are the foundation of our success. Thank you for being such an important part of our team. Enjoy this edition of our newsletter!

-The Marcann Team

In this newsletter you can expect:

New outpatient office location in Casa Grande opening soon

Employee Spotlight: Introducing our new marketer

May: Mental Health Awareness Month

Resources for help

New outpatient location in Casa Grande coming soon!

A new outpatient office location will be opening this summer in Casa Grande. We are now accepting referrals and those can be emailed or faxed over to us as well. Call today to see about scheduling an appointment.

- **Location:** 1968 N. Peart Road, Ste 9
Casa Grande, AZ 85122
- **Phone:** 602-824-9309
- **Fax:** 602-916-1086

Opening date to be announced soon!

Employee Spotlight: Introducing our new marketer!

Bryana Villezcas has been with the company since 2024 and has recently taken on marketing for Marcann! She has had the pleasure of representing Marcann at facility events, meeting some of the wonderful folks we already partner with, and spreading the word of services we provide. Please do not hesitate to reach out to her if there are any upcoming events that could use our participation. Bryana is always happy to assist! Please see her business card below.



Mental Health Awareness Month serves as an important annual reminder that mental health struggles are far more common than many people realize. According to statistics gathered by the Substance Abuse and Mental Health Services Administration, more than 1 in 5 U.S. adults experience mental illness each year, and more than 1 in 20 experience a serious mental illness annually. These numbers highlight the importance of creating a culture of understanding, compassion, and support surrounding mental health. Mental Health Awareness Month also encourages individuals and communities to break the stigma often associated with mental health challenges. As stated on the NAMI website, "Stigma grows in silence. Healing begins in community." Open and honest conversations can make a meaningful difference in helping others feel seen, heard, and supported. If you or a loved one are struggling with mental health, know that you are not alone, and it is always okay to seek help. By showing empathy, offering support, and having the courage to start difficult conversations, we can all play a role in breaking the stigma and promoting mental wellness for everyone.

A HEALTHY SELF STARTS WITH A HEALTHY MIND.



AS A REMINDER, MARCANN HEALTH SERVICES DOES NOT PROVIDE EMERGENCY SERVICES. OPTIONS FOR EMERGENCY MENTAL HEALTH SERVICES CAN BE FOUND BELOW.

CRISIS RESPONSE NETWORK (602) 222-9444	EMPACT (480) 784-1500 (800) 273-8255
NAMI HelpLine is available M-F, 10 a.m. – 10 p.m. ET. Call 800-950-6264, text "NAMI" to 62640, or email.	If you or a loved one are experiencing a mental health emergency or need support, contact the 988 Suicide & Crisis Lifeline . Call or text 988, or chat online at chat.988lifeline.org .

Refer someone who could benefit from our services today!

For all referral submissions, please send to referrals@marcannmentalhealth.com.

You can also contact our office directly for any immediate needs or inquiries.

Contact Us ☎ (602) 824-9309

Visit our website:
www.marcannmentalhealth.com



Thank you for reading!

Sources:

- <https://www.nami.org/stay-connected/events/awareness-events/mental-health-awareness-month/>
- <https://www.samhsa.gov/about/digital-toolkits/mental-health-awareness-month>
- <https://internalmedicine.wustl.edu/may-is-mental-health-awareness-month/>
- <https://www.nami.org/mental-health-by-the-numbers/>
- <https://www.samhsa.gov/data/sites/default/files/reports/rpt56287/2024-nsduh-annual-national-report.pdf>